### **Neptune City School District**

# 2023-2024 HEALTHY MEALS





\$Free

B	rea	kfa	st

\$1.60 \$2.00 **Adult Breakfast Student Breakfast** 

\$Free **Reduced Breakfast** 

#### **Lunch**

**Student Lunch** \$3.75 **Adult Lunch** \$4.25

\$2.35 **Student Entrée Only Reduced Lunch** 

\$2.10 Extra Entrée with Lunch

#### **Beverages**

\$0.75 **100% Juice** 4 07 \$0.75 Milk

\$0.75/\$1.25 **Bottled Water** 8 oz./16 oz.

**Switch 100% Sparkling** 

Juice

## À La Carte Snacks

\$0.75 \$0.75 **Vegetable Side** Fresh or Chilled Fruit

\$1.75

\$0.50 ea \$1.00 **Freshly Baked Cookie Assorted Chips** 

\$1.50/\$2.00 \$1.00 Ice Cream Yogurt 4 oz

\$1.00 **Brownie** 

\$1.00 **Rice Krispie Treat** 

\$1.00 **Pop Tart** 





to one of Maschio's Registered Dietitian



Healthy meals grow healthy kids!